



Twelve years ago Eustace Mita and a small group of men started a Gospel Reflection Group in Chester, PA that has grown into over 70 parishes and locations now bringing over 700 men together weekly, sharing the Gospel and sharing how to become better fathers, husbands, sons, and good Catholic men.

Just seven years ago, our priests, bishops, and our Archbishop (with these men) started what is known as “Man Up Philly”...the Men’s Spirituality Conference!

It’s only one day a year, starting with inspirational speakers such as Immaculee Ilibagiza (the Rwandan genocide survivor), athletes like Mike Piazza, Rich Gannon, Phil Martelli, Fran Dunphy, Philadelphia Police Commissioner Charles Ramsey and other notable men who are constantly working to bring our Lord into their everyday lives not just in Church, but in the workplace and most importantly, the home!

www.manupphilly.com

Testimonies

“Attending Courage made me feel that I fit in, that I am included. It has helped me realize that I am okay, just one of the guys.”

Mike, Courage member

“My attention was drawn to The Kings Men by their bold public display of courage by defending a community against the evil sin of sexual decadence. I have been a Kings Man since that day. Being accountable to my brother Kings Men as part of our weekly formation group, strengthens my desire to defeat my weaknesses and live with increased virtue.”

Chris, The King’s Men

“Every year I look forward to the speakers and fellowship at the Man Up Philly Conference. It’s a great chance to take a break from the world and focus on deepening our faith foundation to be better prepared for all of life’s challenges-work, family or otherwise. Whether you are a husband, father or working professional - you will get something out of it! See you there!”

B.J. Kraemer, Man Up Philly

“I was very reluctant to come to Augustine’s Brothers, but it was definitely the right choice. First of all, the honesty, humility and courage of the other men who told their stories were and still are a real source of encouragement. Augustine’s Brothers is just a group of Catholic men, sinners in need of Christ, working in the grace of the Sacraments to discover and respond to the love of God in our own lives and the lives of our brothers.”

Darren, Augustine’s Brothers

Band of Brothers

For more information visit:

www.PhillyCatholicLife.org/bandofbrothers
or call: 800-348-0758

Archdiocese of
Philadelphia

Band of Brothers



*“As iron sharpens iron,
so one man sharpens another.”*
Proverbs 27:17



The dignity and identity of a Christian is determined not by his or her sexual orientation but by his or her relationship to Jesus Christ, built on faith, hope and love.

Courage, an apostolate of the Roman Catholic Church, ministers to those with same-sex attractions and their loved ones. We believe that by developing an interior life of chastity, which is the universal call to all Christians, one can move beyond the confines of the homosexual identity to a more complete identity in Christ.

Members of Courage join together to work toward five goals:

1. Chastity
2. Prayer and Dedication
3. Fellowship
4. Support
5. Good Example

A Courage meeting begins with prayer and with an opportunity for individual Confession. Each member is invited to share his or her successes or challenges in living out the Goals. The Courage Chaplain facilitates a discussion in which all may participate honestly, knowing that their contributions are valued and their privacy protected.

The first step to becoming a member of Courage is to contact the Chaplain. Our group is waiting to welcome you, and to walk with you on the road to a deeper life of freedom and love centered on Jesus Christ.

www.phillycourage.com
Courage.Philadelphia@gmail.com



The King's Men mission is to unite and build up men as true leaders, protectors and providers.

This is achieved through weekly formation and accountability groups, dynamic outdoor experiential retreat programs and a call to action effort, which enables men to engage the cultural and social climate with authentic apostolic zeal.

TKM's small men's groups are the true heartbeat of this lay apostolate. The goal of these groups is to challenge men to grow in their Catholic faith and in their vocations as single men, husbands, fathers, brothers and sons.

This is fulfilled through prayer, reading, discussion of great books and

**TKM's 4 C's:
Commit, Confess,
Challenge and Confirm**

www.thekingsmen.org
Mark@thekingsmen.org



Founded in 2011, Augustine's Brothers was formed in response to the need for a Catholic centered men's accountability group for those struggling with maintaining chastity and seeking support to grow in purity.

Augustine's Brothers is a support/accountability group for men who struggle with pornography as well as other excessive sexual behaviors. Many men try to break themselves of this habit/addiction alone and fail time after time. This is something that cannot be done alone. The chains of bad habits and addiction are heavy but with God's grace and the support of other men who understand the struggle, you can break the chains! **YOU ARE NOT ALONE.** You can find the freedom and peace to become the man God created you to be.

Augustine's Brothers is for men desiring spiritual growth and support in fostering a life of greater purity/chastity according to one's state in life. This group is ideal if you simply struggle with the barrage of our hyper-sexual culture or if you find yourself struggling at a deeper level with porn or other sexually addictive behaviors. Through confidentiality and accountability, prayer, spiritual study, fellowship, and the Sacraments, we are able to become the Godly men we long to be. Lives are being changed, healed and restored through this ministry. Come visit us and see for yourself.

www.AugustinesBrothers.org
CathedralPhilly@AugustinesBrothers.org